

Module

6

Classroom Units: What's Being Taught

Eat Well & Keep Moving

Eat Well & Keep Moving Lesson Review

- **Group 1: Carb Smart**
- **Group 2: Safe Workout: An Introduction**
- **Group 3: Water Water Everywhere . . . And It's the Thing to Drink**
- **Group 4: Freeze My TV**
- **Group 5: Snack Attack**
- **Group 6: Balancing Act**

Reports From Each Group

Each group should provide the following:

- **A brief overview of the lesson**
- **Ideas on how you can help reinforce and promote the messages of the lesson in the cafeteria**
- **Ideas on how the cafeteria can serve as a learning laboratory for the lesson**

Questions?